

General Guidelines for Travellers to Japan

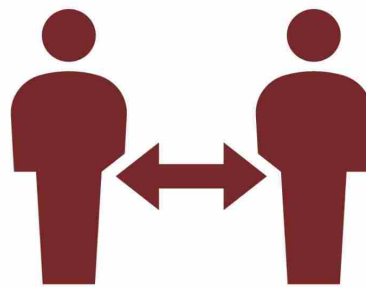
Prevention Measures	General Etiquette	Accommodation, Drinking/Dining Etiquette	Transportation Etiquette	Sightseeing/Shopping Etiquette
<p>Prevention Measures against COVID-19</p> <p>COVID-19 Mask Use in Community Settings</p> <p>OUTDOORS: Sufficient Distance from Others, Mask Required</p> <p>INDOORS: Sufficient Distance from Others, Mask Required, Wear a Mask in Crowded Areas</p> <p>Wear a mask while meeting with the elderly or spending time in hospitals. Refrain from going out if you have cold-like symptoms.</p> <p>MHLW</p>	<p>General Version</p> <p>Thank you for your cooperation with Japan's infectious disease control measures.</p> <p>Choose shops or accommodation that have implemented health and hygiene measures.</p> <p>Practice good health and hygiene measures such as wearing a mask and washing/sanitizing your hands, even if you are vaccinated.</p> <p>Monitor your physical health daily.</p> <p>Maintain physical distancing.</p> <p>Japan Tourism Agency</p>	<p>Accommodation, Drinking/Dining Version</p> <p>Check your body temperature and sanitize your hands upon check-in at your accommodation.</p> <p>Refrain from talking when using public bath.</p> <p>Follow infection prevention measures, even when drinking.</p> <p>Minimize your time spent in shared dining areas.</p> <p>Japan Tourism Agency</p>	<p>Transportation Version</p> <p>Wear masks when using public transport.</p> <p>Improve ventilation as much as possible.</p> <p>Try to travel outside of peak travel times.</p> <p>Try to refrain from talking when using public transport.</p> <p>Japan Tourism Agency</p>	<p>Sightseeing/Shopping Version</p> <p>Try to travel outside of peak times and visit places that are not crowded.</p> <p>Keep your voice down in public spaces.</p> <p>Maintain physical distancing, even when outside.</p> <p>Sanitize your hands prior to and after touching products such as accessories in shops.</p> <p>Japan Tourism Agency</p>
Mask Use	Medical Consultation Center / Searching for Medical Institution	Insurance for Pre-Departure	Insurance for After Entry	Safety Information Card
<p>COVID-19 Mask Use in Community Settings</p> <p>OUTDOORS: Sufficient Distance from Others, Mask Required</p> <p>Indoors: Sufficient Distance from Others, Mask Required, Wear a Mask in Crowded Areas</p> <p>Wear a mask while meeting with the elderly or spending time in hospitals. Refrain from going out if you have cold-like symptoms.</p> <p>MHLW</p>	<p>Medical Consultation Center</p> <p>A: Prefectural consultation counter for foreigners</p> <p>B: COVID-19 Consultation Counter at Ministry of Health, Labor and Welfare</p> <p>Searching for Medical Institution</p> <p>Japan Tourism Agency</p>	<p>Get prepared, so you can leave your worries behind and enjoy Japan</p> <p>Medical expenses may be very high depending on the symptoms.</p> <p>Medical insurance may be very high depending on the symptoms.</p> <p>Japan Tourism Agency</p>	<p>Don't forget to prepare for your peace of mind!</p> <p>Medical expenses may be very high depending on the symptoms.</p> <p>Medical insurance may be very high depending on the symptoms.</p> <p>Japan Tourism Agency</p>	<p>Welcome to Japan. Travel safely. We are here to help.</p> <p>Latest Travel Information and News</p> <p>JNTO Official Website</p> <p>JNTO Japan Visitor Hotline</p> <p>Japan Tourism Agency</p>

正しくマスクを着用しましょう。



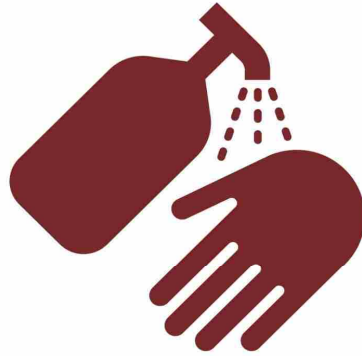
**Face Masks
Required**

身体的距離を確保しましょう。



**Physical
Distancing**

手洗・手指消毒を徹底しましょう。



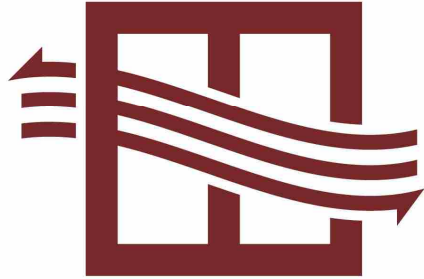
**Sanitizing
Stations**

消毒を徹底しましょう。



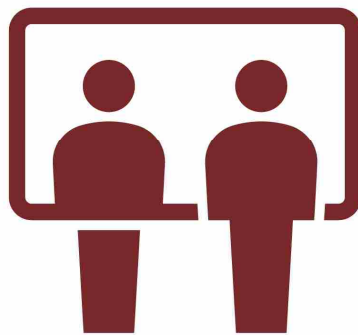
**Frequent Cleaning
and Disinfecting**

換気を徹底しましょう。



**Improved Indoor
Ventilation**

対面時の接触を回避しましょう。



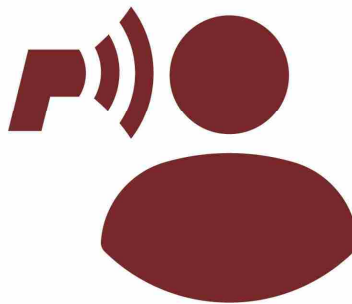
**Sneeze Guards
and Barriers**

密集を回避しましょう。



**Reduced Visitor
Capacity**

入場時に検温しましょう。



**Temperature
Checks**

非接触決済を利用しましょう。



**Contactless
Payments**

**New
Travel
Etiquette
for
Visitors**

General Version

Thank you for your cooperation with Japan's infectious disease control measures.



Choose shops or accommodation that have implemented health and hygiene measures.



Practice good health and hygiene measures such as wearing a mask and washing/sanitizing your hands, even if you are vaccinated.



Monitor your physical health daily.



Maintain physical distancing.



Japan Tourism Agency
Ministry of Land, Infrastructure, Transport and Tourism

**New
Travel
Etiquette
for
Visitors**



Accommodation, Drinking/Dining Version



Check your body temperature and sanitize your hands upon check-in at your accommodation.



Refrain from talking when using public baths.



Follow infection prevention measures, even when drinking.



Minimize your time spent in shared dining areas.



Japan Tourism Agency
Ministry of Land, Infrastructure, Transport and Tourism

**New
Travel
Etiquette
for
Visitors**



Transportation Version



**Wear masks when
using public
transport.**



**Improve ventilation as
much as possible.**



**Try to travel outside of
peak travel times.**



**Try to refrain from
talking when using
public transport.**



Japan Tourism Agency
Ministry of Land, Infrastructure, Transport and Tourism

**New
Travel
Etiquette
for
Visitors**



Sightseeing/ Shopping Version



**Try to travel outside
of peak times and
visit places that are
not crowded.**



**Keep your voice down
in public spaces.**



**Maintain physical
distancing, even
when outside.**



**Sanitize your hands
prior to and after
touching products
such as souvenirs in
shops.**



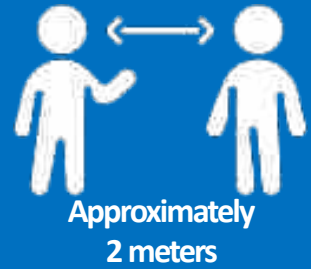
Japan Tourism Agency
Ministry of Land, Infrastructure, Transport and Tourism

Prevention measures against COVID-19

COVID-19 Mask Use in Community Settings



- It is important to wear a mask as a basic prevention measure against COVID-19. Your action will protect everyone's health.
- You do not need to wear a mask outdoors when you are approximately 2 meters apart from others, or when you are not talking at a distance of less than 2 meters.
- You do not need to wear a mask indoors when you are approximately 2 meters apart from others and when you are not talking.



	【OUTDOORS】	
	Sufficient Distance from Others	Insufficient Distance from Others
WHILE Talking	NO need for masks 	Masks Required
	NO need for masks 	NO need for masks
NO Talking	Walking, running, cycling in a park	In Proximity to others

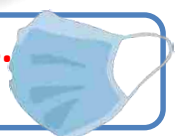
	【INDOORS】	
	Sufficient Distance from Others	Insufficient Distance from Others
WHILE Talking	Masks Required 	Masks Required
	NO need for masks 	Masks Required
NO Talking	reading in a library etc.	



Wear a Mask in Crowded Areas
(e.g. Public Transit)



Wear a mask while meeting with the elderly or spending time in hospitals.
Refrain from going out if you have cold-like symptoms.



Remove your mask if you do not need it outdoors, to prevent heat stroke in summer.

Q & A
Regarding
Masks



Medical Consultation Counter

A: Prefectural consultation counter for foreigners

Please see the following website for contact information, opening hours, and available languages of medical consultation counters for foreigners in each prefecture.

(The website is available until the end of May, 2023).

<https://www.c19.mhlw.go.jp/area-jp.html>



B: Covid-19 Consultation Counter at Ministry of Health, Labor and Welfare

Please contact the following number during the time Prefectural consultation counters are closed.

Phone number : 0120-565-653

Opening hours / languages : Every day, including weekends and holidays.

English / Chinese / Korean / Portuguese / Spanish: 9:00-21:00

Thai: 9:00-18:00 Vietnamese: 10:00-19:00

Searching for Medical Institution

You can search for medical institutions that accept foreigners on the following website.

https://www.jnto.go.jp/emergency/jpn/mi_guide.html





Japan. Endless Discovery.

Get prepared, so you can leave your worries behind and enjoy Japan



In order to enjoy your trip with peace of mind, you need to purchase private medical insurance* that provides sufficient coverage.

*Including travel insurance that covers medical expenses during your stay

I don't have enough cash!



① Medical expenses may be very high depending on the symptoms, but you'll be prepared for those unexpected charges.

I can't speak Japanese!



② If your insurance covers interpreting services, you'll be able to describe your symptoms accurately at the hospital, even if you can't speak Japanese.

What should I do?



③ If your insurance policy includes medical institution referral and arrangement services, you'll be able to get to the appropriate hospital.

Before you leave for Japan, purchase insurance with sufficient coverage and services for medical expenses relating to COVID-19 and other infectious diseases so you can enjoy your trip to the fullest.

*You can also purchase travel insurance from your smartphone or other devices after arriving in Japan. *Be sure to check exactly what your insurance policy covers.

Visit this website for helpful information in case of emergency, such as travel insurance information, what to be aware of when going to a hospital in Japan, and a list of hospitals that provide multilingual medical services.

https://www.jnto.go.jp/emergency/eng/do_travel_insurance02.html

JNTO insurance

Search



Japan Tourism Agency

! Please be aware that foreign visitors who fail to pay their medical expenses may be denied entry into Japan in the future.



Japan. Endless Discovery.

Don't forget to prepare for your peace of mind!

You can purchase travel insurance from your smartphone or other devices after arriving in Japan.



In order to enjoy your trip with peace of mind, you need to purchase private medical insurance* that provides sufficient coverage.

*Including travel insurance that covers medical expenses during your stay

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① Medical expenses may be very high depending on the symptoms, but you'll be prepared for those unexpected charges.

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Enjoy your trip to Japan to the fullest by purchasing insurance with sufficient coverage and services for medical expenses relating to COVID-19 and other infectious diseases.

*Be sure to check exactly what your insurance policy covers.

Visit this website for information on travel insurance you can sign up for after arriving in Japan. ►

This website also contains helpful information in case of an emergency such as what to be aware of when going to a hospital in Japan, and a list of hospitals that provide multilingual medical services.

https://www.jnto.go.jp/emergency/eng/do_travel_insurance02.html

JNTO insurance

Search



Japan Tourism Agency

! Please be aware that foreign visitors who fail to pay their medical expenses may be denied entry into Japan in the future.

Welcome to Japan. Travel safely. We are here to help.

欢迎来到日本！
请您在旅途中注意安全。
我们会竭尽全力帮助您。

歡迎來到日本！
請您在旅途中注意安全。
我們會竭盡全力幫助您。

일본에 오신 것을 환영합니다.
안전한 여행 되세요.
저희가 당신을 돕겠습니다.



Latest Travel Information and News

最新的旅游信息和新闻/最新的旅遊訊息和新聞/최신 여행정보 뉴스

Just In Case ...



JNTO Twitter & Weibo
@JapanSafeTravel (English/中文)

Follow "Japan Safe Travel" for safety tips and latest information on natural disasters.

Useful Travel Information



JNTO Official Website
www.japan.travel/en (English)

This is the official website of the Japan National Tourism Organization.
Disaster and traffic information can be accessed from Important Notice.

Get Latest News



NHK WORLD-JAPAN
nhk.jp/world (English)

International broadcasting by Japan's public broadcaster.
Check the latest news regarding natural disasters and other unexpected events.

When You Are Feeling Sick



List of Medical Institutions
医疗机关/醫療機關/의료기관
www.jnto.go.jp/emergency (English/ 中文 /한국어)

Search for medical institutions by a clinical department and a language.

Push Notifications of Disaster Information

Safety tips

(English/ 中文 /한국어)



Download this App to receive push notifications in case of earthquake, tsunami, etc.



App Store



Google Play



JNTO Japan Visitor Hotline

旅客咨询热线/旅客諮詢熱線/일본 방문자 핫라인

050-3816-2787 (English/ 中文 /한국어)
(24 hours a day)

Police 警察 警察 경찰

110 (24 hours a day, at no charge)

Ambulances/ Fire Service 急救 / 消防 急救 / 消防 구급/소방

119 (24 hours a day, at no charge)